



Fall 2008

Metro Nashville Parks and Recreation

Class Schedules, Activities, Events, Programs, and Facilities



Recreation, Cultural, and Wellness Division

Nature Programs
 Warner Park Nature Center
 Shelby Bottoms Nature Center
 Beaman Park Nature Center
 Bells Bend Outdoor Center
 Environmental Resources
 Outdoor Recreation Programs
 Community Gardens

Neighborhood Recreation Centers
 Community Programming
 Summer Enrichment Program
 Senior Programming

Cultural Arts
 Dance - Music - Theatre
 Visual Arts - Parthenon
 Two Rivers Mansion
 Fort Negley
 Special Events and Projects

Special Services Division
 Wave Country
 Nashville Fairways
 Centennial Sportsplex
 Community Swimming Pools

www.nashville.gov/parks
 615/ 862-8400

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On The Cover:

works by **Hazel King**

For over four decades, Metro Parks Cultural Arts Division has been fortunate to have Hazel Crye King – often referred to as Nashville’s most beloved and respected artist and teacher – as a visual arts instructor. As the first full-time fine-arts teacher Metro Parks hired, Mrs. King developed their painting program for both adults and children. She has also taught sculpture and batik, and is currently teaching drawing and painting for Metro Parks’ Centennial Art Center, where she has also long been a popular social-dance instructor.

front: *Parrots*, 2008

back: *Waterfall*, 2008



Metro Parks' Cultural Arts Division has an assortment of classes for all age groups and experience levels. This session, offerings include more than 130 classes in dance, music, theatre and visual arts. In addition, there are a variety of special events for 2008 that include gallery exhibits, dances, concerts and festivals throughout the park system.

Educational opportunities, including tours, lectures, and other events are offered at the Parthenon and the new Fort Negley Interpretive Center. Get lost in the magic of a dance, music or theatrical performance. Attend a symposium at The Parthenon or ponder the talents of the many local artists featured at the Centennial Art Center. Here is a sampling of this year's offerings.

Dance: Ballet, Jazz, Musical Theatre, Pilates, Tap, Ballroom, Belly Dance, Pre-School Rhythms, and a variety of performances and workshops.



Music: Jam Bands, Blues, Latin Rhythms, Harmonica, Mountain Dulcimer, Sax, Clarinet, Guitar, Piano, Recorder, Banjo, Violin, Song-writing, concerts and workshops.

Theatre: Acting, Monologue Workshops, Technical Theatre, Improvisation, Scriptwriting, Shakespeare, Youth and Senior Theatre, Creative Dramatics, performances and workshops.



Visual Arts: Oil/Acrylics/Watercolor, Draing, Pottery, Ceramics, Quilting, Arts and Crafts, Outdoor Painting, student and professional exhibits

The Parthenon: Volunteer and docent opportunities, theatre, concerts, monthly evening lectures, regional and national gallery exhibits

Special Events: Big Band Dances, Legends of the Blues Festival, Live Along the Lake, Concerts at Bellevue Park, Tales at Twilight, Parthenon Echoes, Musica de la Gente Festival, Celebration of Cultures

Fort Negley: Film Viewings, tours and education programs.



Arts Classes : August 25 - November 28

DISCIPLINE	REGISTRATION	CLASSES	CONTACT
Visual Arts	Mon., Aug 4th Centennial Art Center	Sept 6 - Nov 28	862-8442
Dance	Tues., Aug 5th Arts Activity Center	Aug 25 - Nov 14	862-8439
Music	Tues., Aug 5th Arts Activity Center	Aug 25 - Nov 14	862-8439
Theatre	Tues., Aug 5th Arts Activity Center	Aug 25 - Nov 14	862-8439

Please check the class length for each class listed in the schedule.

*= Guest Instructor

NC= No Charge for children under 18 or adults over 62

Seniors are listed when there is no charge (NC) or only a \$5 studio fee, however seniors are welcome in all adult classes.

NOTE: There is a \$5.00 studio fee for all age students attending Pottery Studio Classes.

Class Registration Information

No Charge Vs. Fee Instruction

The Metro Park Board supports free instruction for children under 18 and adults over 62, when possible. These classes are listed as NC (no charge). Full-time instructors teach these classes as well as those that carry a modest fee. Guest instructors make it possible to expand class offerings to the public. All students, regardless of age, who register for these classes must pay the full fee listed.



Payments

Semester class fees must be paid no later than the first week of class. To ensure a spot in the class, payment must be made in advance. No refunds allowed. Make checks payable to *Metro Parks*.

Class Enrollment

Some classes may require a minimum enrollment. All classes have an enrollment cap and registration will continue until classes are filled. Classes meet once a week for 14 weeks, unless otherwise stated.

COMMONLY ASKED QUESTIONS

Which classes are free, which ones aren't and why?

Classes without prices are free. The Metro Parks Board supports free instruction for children under 18 and adults over 62 when possible through full-time instructors. Guest instructor classes and the adult classes (under 62) carry a modest fee for instruction.

Who are guest instructors?

Guest instructors are qualified and usually recognized artists in Nashville. Guest instructors make it possible to expand class

offerings to the public. These instructors are compensated for their work so all students who register for these classes must pay the full fee listed. Through the guidance of the Arts Supervisor, guest instructors set their own fee for instruction.

Where are classes held?

Depending on the area (Dance, Music, Theatre, Visual Arts), classes are held throughout Metro Nashville at many different sites. Not all classes are available at every community center due to space limitations, instructor availability and demand.

How do I register?

Each area seems to have a different place or method. Due to demand, each arts division has a different registration process. Specific registration instructions are listed at the top of each division's schedule of classes. Some require registration in person and some allow for registration over the phone. All areas require payment before or by the first day of class.

CELEBRATION OF CULTURES

October 4, 2008
Centennial Park

Music, Food, Global Market,
Children's Area, & More!

celebrationofcultures.com

Visual Arts, by its very nature, is an ever-changing part of life. It is a visually stimulating way to explore the society from which it originates. No matter what the medium, it becomes an expression of creativity in visual form. The viewer's ideas and concepts are challenged by the expressions of any artist; whether it is through painting, pottery, drawing, or sculpting. It teaches about diversity, and current trends in our nation and across the world. It can be an education in and of itself.

Students of visual art learn about such things as color, shape, dimension, history, geography and nature just to mention a few. If used with the correct curriculum it becomes a very stimulating and powerful teaching tool.

Our goal is to teach students how to creatively express themselves through the visual arts. We strive to make our classes educational and fun! These classes are offered to every age group from preschool to senior citizens.

Certain community centers may be closed due to renovations at different times throughout the session. If a class is scheduled at a community center that has been closed the class will be cancelled or held at a different location when possible. Look for changes that might have taken place after this schedule was printed on our website at <http://www.nashville.gov/parks/index.htm> or phone Leslie Carter or Brenda McSurley at the Centennial Art Center, 862-8442 for verification.

Classes listed as no charge (NC) or with a \$5 studio fee are for seniors. However, seniors are welcome to register in all adult classes.



* Guest Instructor

NC= No Charge for children under 18 or adults over 62

NOTE: A \$5.00 Studio Fee for all age students attending Pottery Studio Classes.

***Must have had previous pottery training
(M)-Frist Outreach Mural Program
(AT)-Frist Outreach Art Trunk Program

CLASS	AGE	DAY	TIME	FEE	INSTRUCTOR
CENTENNIAL ARTS ACTIVITY CENTER					
Jewelry Design	Adult	Mon	6:00 p.m. - 9:00 p.m.	\$60/10wks	S. Hall*
Quilting	Adult/Senior	Tues.	9:00 a.m. - 4:00 p.m.	\$45/NC/14 Wks	J. Small
Painting	Adult/Senior	Wed.	9:30 a.m. - 12:00 a.m.	\$45/NC/14 Wks	L. Mitchell
CENTENNIAL ART CENTER					
Painting	Adult	Mon.	10:00 a.m. - 3:00 p.m.	\$45/14 wks	H. King*
Pottery	Adult	Mon.	6:00 p.m. - 9:00 p.m.	\$70/10 wks	W. Ellis*
Paint/All Medium	Adult	Tues.	10:00 a.m. - 3:00 p.m.	\$45/14 wks	H. King*
Pottery	Teens 13-17	Tues.	3:30 p.m. - 5:30 p.m.	\$5/14 wks	L. Lucas
Pottery	Adult/Senior	Tues.	6:00 p.m. - 9:00 p.m.	\$50/\$5/14 wks	L. Lucas
Painting	Adult	Tues.	6:00 p.m. - 9:00 p.m.	\$55/10 wks	H. Denson*
Raku/Majolica	Adult/Sr./Adv.	Wed.	9:30 a.m. - 12:30: p.m.	\$50/\$5/14 wks	L. Lucas
Paint/All Medium	Adult	Wed.	10:00 a.m. - 3:00 p.m.	\$45/14 wks	H. King*
Sculpture	Adult/Senior	Wed.	1:30 p.m. - 4:30 p.m.	\$50/\$5/14 wks	L. Lucas
Pottery	Adult	Wed.	5:00 p.m. - 9:00 p.m.	\$70/10 wks	W. Ellis*
Pottery	Adult/Senior	Thurs.	9:30 a.m. - 12:30 p.m.	\$70/14 wks	K. Carter*
Painting/Waterbase	Adult	Thurs.	10:00 a.m. - 3:00 p.m.	\$45/14 wks	H. King*
Pottery	Adult	Thurs.	1:00 p.m. - 4:00 p.m.	\$70/10 wks	K. Carter*
Pottery	Adult	Thurs.	6:00 p.m. - 9:00 p.m.	\$70/10 wks	K. Carter*
Pottery	Adult	Sat.	1:00 p.m. - 4:00 p.m.	\$70/10 wks	W. Ellis*
Drawing & Watercolor**	Adult	Sat.	1:00 p.m. - 4:00 p.m.	\$210/8Wks	K. Tupper*
** Saturday Workshops may be attended 1 class at a time - \$30.00; or all 8 classes for \$210.					
ANTIOCH COMMUNITY CENTER					
Painting	Adult/Senior	Mon.	9:30 a.m. - 1:00 p.m.	\$45/NC/14 wks	L. Mitchell
Painting	Child 6+	Mon.	2:30 p.m. - 6:00 p.m.	NC/14 wks	L. Mitchell
BELLEVUE COMMUNITY CENTER					
Ceramics	Adult/Senior	Mon.	9:00 a.m. - 3:30 p.m.	\$45/NC/14 wks	J. Small
Adv. Pottery***	Adult/Senior	Mon.	10:00 a.m. - 2:00 p.m.	\$50/\$5/14 wks	L. Lucas
Ceramics (AT)	Teen 13-17	Mon.	3:30 p.m. - 6:30 p.m.	NC/14 wks	J. Small
Clay Class	8-12 yrs.	Mon.	4:00 p.m. - 6:00 p.m.	\$5/14 wks	L. Lucas
Painting (AT)	Child 6+	Fri.	4:00 p.m. - 6:30 p.m.	NC/14	L. Mitchell
Pottery	Adult	Fri.	6:00 p.m. - 9:00 p.m.	\$70/10 wks	W. Ellis*

CLASS	AGE	DAY	TIME	FEE	INSTRUCTOR
CLEVELAND COMMUNITY CENTER					
Senior Fun Day	Senior	Wed.	9:30 a.m. - 2:00 p.m.	NC/14 wks	A. Betty
Art & Craft	Child 6+	Wed.	3:00 p.m. - 6:30 p.m.	NC/14 wks	A. Betty
COLEMAN COMMUNITY CENTER					
Senior Fun Day	Senior	Thurs.	9:00 a.m. - 2:00 p.m.	NC/14 wks	J. Small
Art & Craft	Child/Open	Thurs.	3:00 p.m. - 6:30 p.m.	NC/14 wks	J. Small
EAST COMMUNITY CENTER					
Faces Features	Adult/Senior	Wed.	10:00 a.m. - 1:00 p.m.	NC/14 wks	R. Epps
Painting (AT)	Child 6+	Wed.	2:30 p.m. - 4:30 p.m.	NC/14 wks	L. Mitchell
Painting (M)	Child 6+	Thurs.	4:30 p.m. - 7:00 p.m.	NC/14 wks	L. Mitchell
E.S. ROSE / EASLEY COMMUNITY CENTER					
Art & Craft	Preschool	Mon.	9:30 a.m. - 11:30 a.m.	NC/14 wks	A. Betty
Various Arts	Child 11+	Thurs.	3:00 p.m. - 6:00 p.m.	NC/14 wks	A. Betty
HARTMAN COMMUNITY CENTER					
Ceramics	Adult/Senior	Thurs.	9:00 a.m. - 2:00 p.m.	\$45/NC/14 wks	A. Betty
Art (AT) (M)	Disabilities	Thurs.	10:00 a.m. - 11:30 a.m.	NC/14 wks	R. Epps
HERMITAGE COMMUNITY CENTER					
Drawing	Child 6+	Fri.	3:30 p.m. - 5:00 p.m.	NC/14 wks	R. Epps
KIRKPATRICK COMMUNITY CENTER					
Painting (AT)	Child 6+	Thurs.	2:30 p.m. - 4:00 p.m.	NC/14 wks	L. Mitchell
LOOBY COMMUNITY CENTER					
Painting (AT) (M)	Child 6+	Wed.	5:00 p.m. - 7:00 p.m.	NC/14 wks	L. Mitchell
McCABE COMMUNITY CENTER					
Drawing	Child 6+	Mon.	4:00 p.m. - 5:30 p.m.	NC/14 wks	R. Epps
Art & Craft (AT)	Child 6+	Tues.	5:00 p.m. - 7:00 p.m.	NC/14 wks	J. Small
McFERRIN COMMUNITY CENTER					
Painting (AT)	Child 6+	Tues.	2:30 p.m. - 5:00 p.m.	NC/14 wks	L. Mitchell
MORGAN COMMUNITY CENTER					
Ceramics	Adult/Senior	Tues.	9:00 a.m. - 3:00 p.m.	\$45/NC/14 wks	A. Betty
Art & Craft	Child 6+	Tues.	3:30 p.m. - 5:30 p.m.	NC/14 wks	A. Betty
Ceramics	Teen/Senior	Tues.	6:00 p.m. - 7:30 p.m.	NC/14 wks	A. Betty
Drawing	Child 6+	Thurs.	5:30 p.m. - 7:00 p.m.	NC/14 wks	R. Epps
SEVIER COMMUNITY CENTER					
Drawing (AT)	Child 6+	Thurs.	3:30 p.m. - 5:00 p.m.	NC/14 wks	R. Epps
SHELBY COMMUNITY CENTER					
Ceramics (AT) (M)	Adult/Senior	Wed.	9:00 a.m. - 2:30 p.m.	\$45/NC/14 wks	J. Small
Art & Craft	Child 6+	Wed.	3:00 p.m. - 6:30 p.m.	NC/14 wks	J. Small
WATKINS COMMUNITY CENTER					
Art & Craft (AT)	Child 6 +	Mon.	3:00 p.m. - 6:00 p.m.	NC/14 wks	A. Betty
Drawing	Preschool	Tues.	10:00 a.m. - 11:30 a.m.	NC/14 wks	R. Epps
Drawing	Preschool	Tues.	3:30 p.m. - 5:30 p.m.	NC/14 wks	R. Epps

Metro Parks' Dance Division offers Nashville residents a variety of classes designed to meet the needs of both the serious dancer and the student who wants an exercise option that differs from lifting weights, aerobics, or calisthenics. Classes are open to children over the age of four and to adults of all ages.



Classes that have a piano accompanist carry an additional fee for both children and adults. Because the dance classes are skill-building sessions that require consistent practice and attendance, new students will be admitted to on-going classes only if space permits. Since space for new students is limited, waiting lists will be taken and vacancies will be filled if they occur.

Ballet classes designated CYB are intermediate and advanced level classes that have a required minimum number of days per week and may not be taken individually. Pointe is a continuation of the previous ballet class and may not be taken as a separate class. New students applying for intermediate and advanced level classes must take a placement class.

Proper attire for preschool rhythms and ballet class for girls is a black leotard with pink tights and pink ballet slippers. Ballet skirts may be worn before and after class but not during class. Long hair should be worn in a bun and short hair should be anchored away from the face. Proper attire for boys is a white tee shirt with black tights and black ballet slippers.

Although classical ballet is the dance program's mainstay, supplemental classes include preschool rhythms, tap, ballroom, Middle Eastern dance, jazz, and Pilates.

For information about the curriculum, attire, or class placement, call Shirley Blackburn at 862-8439.

CLASS	AGE	DAY	TIME	FEE	INSTRUCTOR
CENTENNIAL ARTS ACTIVITY CENTER					
Pre-Ballet I**	5 & 6	Mon.	4:00 p.m. - 4:45 p.m.	\$10/ 10 Wks	S. Smith* (DG01)
Pre-Ballet I**	5 & 6	Tues.	4:00 p.m. - 4:45 p.m.	NC/10 Wks	S. Blackburn (D02)
Pre-Ballet II**	6 & 7	Mon.	4:00 p.m. - 5:00 p.m.	NC/10 Wks	S. Blackburn (DG02)
Pre-Ballet II**	6 & 7	Tues.	5:00 p.m. - 6:00 p.m.	\$65/10 Wks	S. Smith* (DG01)
Ballet I**	7 & Up	Wed.	4:00 p.m. - 5:00 p.m.	\$65/10 Wks	S. Smith* (DG01)
Ballet II**	8 & Up	Thurs.	4:00 p.m. - 5:00 p.m.	NC/10 Wks	S. Blackburn (D02)
Ballet Int. I**	11 & Up	Mon.	5:00 p.m. - 6:30 p.m.	\$40/10 Wks	B. Gager (D01)
		Wed.	4:30 p.m. - 6:00 p.m.	\$40/10 Wks	
Ballet Int.	Teen/Adult	Mon./Wed./Fri.	10:00 a.m.-11:30 a.m.	\$110/10 Wks	B. Gager (D01)
Ballet Int.	Teen/Adult	Mon.	6:30 p.m. - 8:00 p.m.	\$65/10 Wks	B. Gager (D01)
Ballet Int./Adv.	Teen/Adult	Sat.	10:00 a.m.-11:30 a.m.	\$65/10 Wks	B. Gager (D01)
Ballet Adv.	CYB/Adult	Mon./Wed.	6:00 p.m. - 8:00 p.m.	\$80/10 Wks	K. Callaghan (D01)
				\$95/10 Wks	
Ballet Adv.	CYB/Adult	Tues./Thurs.	6:00 a.m. - 8:00 p.m.	\$80/ 8 Wks	B. Gager (D01)
				\$95/ 8 Wks	
Ballet Int. II	CYB	Tues./Thurs.	4:30 p.m. - 6:00 p.m.	\$80/10 Wks	K. Callaghan (D01)
		Wed.	4:00 p.m. - 6:00 p.m.	\$40/10 Wks	
Ballet Int. III	CYB	Mon./Wed.	4:00 p.m. - 6:00 p.m.	\$80/10 Wks	K. Callaghan (D01)
		Tues./Thurs.	6:00 p.m. - 8:00 p.m.	\$80/10 Wks	
Belly Dance Beg.	Teen/Adult	Wed.	6:00 p.m. - 7:00 p.m.	\$70/8 Wks	R. Feuerbacher* (DG02)
Pilates	Teen/Adult	Thurs.	5:30 p.m. - 6:30 p.m.	\$75/8 Wks	B. Goldsby* (DG03)
Preschool Rhythms*	4 & 5	Mon.	1:30 p.m. - 2:15 p.m.	NC/10 Wks	L. Everett (D03)
Preschool Rhythms	4 & 5	Mon.	2:30 p.m. - 3:15 p.m.	NC/10 Wks	L. Everett (D03)
Tap. Beg.	Teen/Adult	Wed.	6:00 p.m. - 7:00 p.m.	\$65/10 Wks	S. Smith* (DG01)
BELLEVUE COMMUNITY CENTER					
Preschool Rhythms*	4 & 5	Tues.	1:30 p.m. - 2:15p.m.	NC/10 Wks	L. Everett (D03)
EAST PARK REGIONAL CENTER					
Preschool Rhythms*	4 & 5	Thurs.	3:30 p.m. - 4:15 p.m.	NC/10 Wks	L. Everett (D03)
Tap I**	7 & Up	Thurs.	4:30 p.m. - 5:15 p.m.	NC/10 Wks	L. Everett (D03)
Pre-Ballet I**	5 & 6	Mon.	4:00 p.m. - 4:45 p.m.	\$65/10 Wks	C. Nolan* (DG04)
Ballet I**	7 & Up	Mon.	5:00 p.m. - 6:00 p.m.	\$65/10 Wks	C. Nolan* (DG04)
Hip-Hop**	10-12	Wed.	4:30 p.m. - 5:30 p.m.	\$65/10 Wks	A. Harris-Little* (DG05)

CLASS	AGE	DAY	TIME	FEE	INSTRUCTOR
COLEMAN PARK REGIONAL CENTER					
Pre-Ballet I **	5 & 6	Tues.	4:00 - 4:45 p.m.	\$65/10 Wks	C. Nolan* (DG15)
Ballet I**	7 & Up	Tues.	5:00 - 6:00 p.m.	\$65/10 Wks	C. Nolan* (DG15)
HADLEY PARK REGIONAL CENTER					
Hip-Hop	6-9	Mon./Wed.	3:30 p.m. - 5:30 p.m.	\$50/4 Wks	E. Mitchell* (DG06)
Hip-Hop	10-12	Tues.	4:30 p.m. - 6:30 p.m.	\$50/4 Wks	E. Mitchell* (DG06)
		Thurs.	4:30 p.m. - 6:00 p.m.		
Hip-Hop	Teen/Adult	Mon.	6:00 p.m. - 7:00 p.m.	\$65/10 Wks	A. Harris-Little* (DG05)
MCCABE PARK COMMUNITY CENTER					
Tap III**	9 & Up	Tues.	4:15 p.m. - 5:00 p.m.	NC/10 Wks	L. Everett (D02)
Tap IV**	10 & Up	Tues.	5:00 p.m. - 5:45 p.m.	NC/10 Wks	L. Everett (D01)
Tap I**	7 & Up	Thurs.	4:30 p.m. - 5:15 p.m.	NC/10 Wks	L. Everett (D01)

** Denotes children's classes. Admission will be based on age, skill level, and space availability. Placement must be made with the class instructor or dance supervisor.

Theater

The Theater Department offers a variety of creative options. The Creative Child class is a teaches children (Pre-K level) to explore rhythm, movement, pretend and more.

As a result of several partnerships, some classes are taught by professionals from local theatre companies. The Tennessee Women's Theatre Project has collaborated with Metro Parks this session to add five classes to our theatre schedule.

This summer the Theatre Department will be producing the musical Into the Woods, Jr. for performers in grades 6-12. Production dates are July 10-12 and 17-19, 2008.

Classes marked with an asterisk (*) may require pre-requisites, or may require that children under a certain age be accompanied by an adult. Also, there are some need-based scholarships available for some of our programs.

For more information call 880-2281.



CLASS	AGE	DAY	TIME	FEE	INSTRUCTOR
CENTENNIAL ARTS ACTIVITY CENTER					
Beg/Int Acting	Adult	Mon.	7:00 p.m. - 8:00 p.m.	\$35/12 Weeks	Tn Wmn's Thtr Prjct
Creative Child	Pre-K	Tues.	1:00 p.m. - 2:00 p.m.	NC/12 Weeks	S.Reed
Writing for the Stage	Adult	Tues.	11:30 a.m. - 12:30 p.m.	\$35/12 weeks	C.German/Guest Inst
Creative Acting	6-10	Wed.	4:00 p.m. - 5:00 p.m.	NC/12 Weeks	Tn Wmn's Thtr Prjct
Acting 2	14-18	Wed.	5:00 p.m. - 6:00 p.m.	NC/12 Weeks	Tn Wmn's Thtr Prjct
Creative Child	Pre-K	Thurs.	1:00 p.m. - 2:00 p.m.	NC/12 Weeks	Staff Instructor
Acting 1	11-14	Thurs.	4:00 p.m. - 5:00 p.m.	NC/12 Weeks	Staff Instructor
Creative Acting	6-10	Thurs.	5:00 p.m. - 6:00 p.m.	NC/12 Weeks	Staff Instructor
BELLEVUE COMMUNITY CENTER					
Acting 1/Creative Actg	6-11	Wed.	4:00 p.m. - 5:00 p.m.	NC/12 Weeks	Tn Wmn's Thtr Prjct
EAST COMMUNITY CENTER					
Acting	Senior	Thurs.	10:00p.m. - 11:00p.m	NC/12 weeks	Staff Instructor
Acting 1/Creative Actg	6-11	Thurs.	4:00p.m - 5:00p.m.	NC/12 Weeks	Tn Wmn's Thtr Prjct



metro  parks

**For your safety and his...
please keep your dog leashed!**

**And please, remember
to pick up after your pet!**

PETIQUETTE 101

FREE DOG BEHAVIOR AND PARK SAFETY WORKSHOPS

with Sindy Scalfi, Certified Pet Dog
Trainer

**from NashvillePAW
and Metro Parks**

July 12th

**Centennial Dog Park, 12 noon
Warner Dog Park, 3:00 p.m.**



Dog Park Hours!

Warner Dog Park dawn to dusk.
Shelby Dog Park dawn to 8:00 PM.
Centennial Dog Park dawn to 8:00 PM.

www.nashville.gov/parks



Bag It!

Nashville's Canine Clean-Up Campaign

Help keep Nashville's parks clean by picking up after your pet.

Metro Parks' Recorder Class offers a unique opportunity to learn basic recorder skills from the Callisto and the Centennial Recorder Consort. Both groups are members of the department's Chapter of the American Recorder Society which encourages playing at all levels of expertise.

Also offered this session is Latin American Rhythms. Taught by members of Serenatta, a local traditional Latin band, the class will offer students the opportunity to catch the end of a full rehearsal.



The first part of the class gives students an opportunity to experience the specialized musical stylings of the group. The second half of the class will focus on the origins and styles of Latin music, while also offering hands-on learning with rhythmic instruments.

This class is open to people of all ages (young children under 8 are welcome with adult supervision) and is designed to help students learn how to identify and play Latin rhythms from Mexico to Argentina.

A Cappella Voices is a new class taught by local jazz artist, Connye Florance. Youth between the ages of 11 - 18 will learn the voice

and rhythm of the small choir experience. Students will learn the basics of music - pitch, rhythm, time, harmony, vocal expression, blending and ensemble performance. Participants will be encouraged to write their own lyrics and poetry.

In addition, the popular Jam Bands class is back. Students will learn improvisation, listening skills and ear training, the Nashville Number System, arrangements (12 bar blues, AABA, stops, charts), open chords, groove, vocals, stage presence, and songwriting. Bands are grouped according to age and ability (ages 9-12, 13-18 and adults).

CLASS	AGE	DAY	TIME	FEE	INSTRUCTOR
CENTENNIAL ARTS ACTIVITY CENTER					
Beg.Group Guitar	Adult	Mon.	11:00 a.m. - 12:00p.m.	\$35/12 Wks	S. Williford
Group Harmonica	Adult	Mon.	12:00 p.m. - 1:00 p.m.	\$35/12 Wks	S. Williford
JamBand	12-18	Mon.	4:00 p.m. - 5:00 p.m.	NC/12 Wks	S. Frazee
Songwriting	12-18	Mon.	4:00 p.m. - 5:00 p.m.	NC/12 Wks	S. Williford
JamBand JR.	8-11	Mon.	5:00 p.m. - 6:00 p.m.	NC/12 Wks	S. Williford
Keyboard Logic	12-18	Mon.	5:00 p.m. - 6:00 p.m.	NC/12 Wks	S.Frazee
JamBand	12-18	Mon.	6:00 p.m. - 7:00 p.m.	NC/12 Wks	S. Williford
Acoustisonic Round-up	12-18	Mon.	6:00 p.m. - 7:00 p.m.	NC/12 Wks	S. Frazee
Jamband 303*	14*- 18	Mon.	7:00 p.m. - 8:00 p.m.	\$0-35/12 Wks	S. Williford
Recorder	8-adult	Tues.	6:30 p.m. - 7:15 p.m.	\$0-35/12 Wks	Nashvl Recorder Soc
Beginning Guitar	13-18	Wed.	3:00 p.m. - 4:00 p.m.	NC/12 Wks	S. Frazee
Beginning Guitar	9-12	Wed	4:00 p.m. - 5:00 p.m.	NC/12 Wks	S. Frazee
Accapella Voices-1	11-14	Wed.	4:00 p.m. - 5:00 p.m.	\$70/12 Wks	C. Florance
Accapella Voices-2	14-18	Wed.	5:00 p.m. - 6:00 p.m.	\$70/12 Wks	C. Florance
Latin-Amer Rhythms	All*	Wed	6:30 p.m. - 7:30 p.m.	\$0-35/12 Wks	Serenatta
Harmonica	10-18	Thurs.	3:00 p.m. - 4:00 p.m.	NC/12 Wks	S. Williford
JamBand	12-18	Thurs.	4:00 p.m. - 5:00 p.m.	NC/12 Wks	S. Williford
Acoustisonic Round-up	12-18	Thurs.	4:00 p.m. - 5:00 p.m.	NC/12 Wks	Staff
JamBand Jr	8-11	Thurs.	5:00 p.m. - 6:00 p.m.	NC/12 Wks	S. Frazee
JamBand	12-18	Thurs.	6:00 p.m. - 7:00 p.m.	NC/12 Wks	S. Williford
Sight-Reading for Guitar	12-18	Thurs.	6:00 p.m. - 7:00 p.m.	NC/12 Wks	S. Frazee
Thursday Night Blues	All	Thurs.	7:00 p.m. - 9:00 p.m.	\$0-35/12 Wks	S. Williford/S. Frazee
Piano	All	Lesson by appt.		\$20/lesson	J. Burrows
Piano	All	Lesson by appt.		\$25/lesson	G. Knaup
BELLEVUE COMMUNITY CENTER					
Beginning Guitar	10-18	Thurs.	4:00 p.m. -5:00 p.m.	NC/12 Wks	Staff
LOOBY COMMUNITY CENTER					
Beginning Guitar	10-18	Fri.	5:00 p.m. -6:00 p.m.	NC/12 Wks	S. Frazee
EAST COMMUNITY CENTER					
Beginning Guitar	10-18	Tues.	5:00 p.m. -6:00 p.m.	NC/12 Wks	S. Frazee



September 19

TANGO BY MOONLIGHT:

7:00 p.m. to 10:00 p.m. Argentine Tango dance lessons, demonstrations and dancing to live music with Tango Trio PAD. Centennial Park Event Shelter. Co-sponsor: Tango Nashville.

October 4

CELEBRATION OF CULTURES:

October 4 ~ 10:00 a.m. to 6:00 p.m. Metro Parks and Scarritt Bennett present a multi-cultural festival with music, dance, activities for children, food vendors and World Market. Stages at the Bandshell, Lake, Children's Area and in the Villages.

RED CABOOSE CONCERTS:

Metro Parks and the Red Caboose Playground, Inc. present Friday evening concerts at the Red Caboose Amphitheater in Bellevue. 7:00 p.m. to 9:00 p.m. Bring your picnics and blankets. Sponsor: Publix Super Market Charities.

- August 1:** Moonlighters ~ Big Band Music
August 8: Stephan Dudash ~ Gypsy Jazz
August 15: Stardust Combo ~ 40's, 50's & 60's Swing & Pop
August 22: Community Concert Band
August 29: WannaBeatles ~ Classic Beatle's Music

BIG BAND DANCES: Celebrate 25 years of Big Band music and dancing in Metro Parks with weekly amateur Swing Dance contests. Free dance lessons sponsored by J. Bradley Big Band

August 9 Dance World from 7:00 p.m. to 7:30 p.m. and 8:30 p.m. to 8:50 p.m. Music from 7:30 p.m. to 10:00 p.m. Bring your lawn chair. Food & beverages will be available at the Centennial Cafe. Sponsors: Tennessee Arts Commission, WAMB and Arts in the Parks.

- August 2:** Debbie Bailes Band
August 16: Stardust
August 23: Radio Daze
August 30: Rory Partin Band



YOUTH PERFORMING ARTS SERIES

School of Rock Fall Jam

November 21, 2008
 Looby Theatre
 862-8439

Fall Youth Theatre Production

November 7-8 and 14-16
 Looby Theatre
 862-8439

The Mini-Nutcracker

December 5-7, 2008
 Harpeth Hall School

PARTHENON PROGRAMS

HOLIDAY CONCERT AT

THE PARTHENON: Metro Parks and the Nashville Recorders present a holiday concert at the Parthenon. **Thursday, December 11th from 6:00 p.m. to 7:00 p.m.**

Parthenon Symposia

September 4: Carlos Picon, Curator of Greek and Roman Antiquities, Metropolitan Museum of Art, sponsored by the Onassis Foundation and The Conservancy

September 16: Eugene Borza, independent scholar, This Old Parthenon, sponsored by the Archaeological Institute of America and The Conservancy

November TBA: David Petrain, Vanderbilt University

Parthenon Theatre

Oedipus the King, production at the feet of Athena - November 7-9 and 13-15. Ticket information will be online at www.parthenon.org in early October.

Parthenon Education

October 11th, 2:00 p.m. - 3:30 p.m., Election Year Panel Discussion of the First Amendment, Academic panelists to be announced.

Volunteer

Docent Training Class begins September 6

Contact 862-8431 for information on all Parthenon programs.

PARTHENON GALLERIES

August 15 – November 1*The Natural Preservation of Form,*

Kathy Girder Engler

East Gallery

Opening Reception- August 15,
6:00 p.m. - 8:00 p.m.

Engler is a sculptor from Augusta, Georgia who has studied the human form over her long career. She has received numerous commissions throughout the southeastern United States, and has exhibited extensively in the US, Italy, Japan, France and New Zealand. For the last twenty years, she has used a paper pulp mixture with ingredients such as bone or barnacles mixed with man made objects that have been aged by the environment to create torso fragments. They are delicate in nature but appear to have come from some archeological site unearthing ancient Cycladic figures.

*Elevated Sisters by Kathy Girder Engler***August 26 - December 13**

IMMERSION: a Katrina Room

Photography by William Rosen

West Gallery

Opening Dessert Reception- August 27,
8:00 p.m. - 9:00 p.m.

William Rosen's home was destroyed when the levees failed on August 29, 2005 after Katrina blasted New Orleans. Rosen's home was literally immersed in water. When the water receded he returned home for documentation and possible recovery of objects. His dramatic photographs will be shown in a life-size room, giving palpable sense to the devastation and destruction of this catastrophe. William Rosen's show will open on the third year anniversary of Katrina.

*Untitled painting by Eva Schorova***November 14 –January 31***Earth, Air and Water* - Nancy Hellebrand

East Gallery

Reception: Friday, November 14, 6-8 p.m.

Imagine the mystery of seeing photography for the first time. Nancy Hellebrand creates grainy ethereal images not unlike those from the birth of the photograph in the mid-nineteenth century. She derives her inspiration from Gulf Coast beaches, looking at the water and the clouds. Her new work focuses on the more quiet subjects of rocks and brush. Hellebrand photographs these elements in their primal sense. She then returns to her studio to manipulate the images. She pares them down to imitate early photography and to create spiritual images of earth, air and water.

*Weaving by Paula Bowers Hotvedt*

CENTENNIAL ART CENTER

September 5-26

Wearable Art: Paula Bowers-Hotvedt,
Teresa Hayes, Breanna Rockstad-Kincaid,
Vickie Viperman
Reception Friday, September 5
5 p.m. - 7 p.m.

October 3-31

Nashville's Internationals II

(Group exhibit, various media)

Honoring Celebration of Cultures 2008 and
artists from other countriesReception Friday, October 3
5 p.m. - 7 p.m.**November 7-28**

Paintings, Pottery and Sculpture:

R. Lafayette Mitchell, Eva Sochorova,
Kathy CarterReception Friday, November 7
5 p.m. - 7 p.m.**December 5-31**Holiday Season Art Exhibition & Sale of
Metro Parks' Visual Arts Staff & StudentsReception Friday, December 5,
5 p.m. - 7 p.m.ART TRUNK
OUTREACH PROGRAM

The Frist Center provides The Centennial Art Center with Art Trunks filled with art supplies and lesson plans coordinating with their current Gallery Exhibitions. They provide training for Metro Parks' Special Skilled Instructors in the Education Department of the Frist. Students learn in their art classes how to look at, discuss, and experience works of art in a complete manner. The program culminates with the students going on a free tour of the galleries and Art Quest at the Frist. Check the visual arts registration schedule for classes marked (AT).

The program is made possible through a partnership between Metro Parks and the Frist Center for the Visual Arts. More information or questions on specific art classes can be found by contacting the Centennial Art Center @ 862-8442 or via e-mail Brenda.McSurley@nashville.gov, Visual Arts Supervisor.



Fort Negley has stood at the top of St. Cloud's Hill in Nashville since 1862. Built by the Union, the Fort fell into disrepair following the Civil War. It was rebuilt in 1936 as a WPA project, but again fell into ruins. Improvements to the Fort were completed in 2004, and visitors could again climb the hill to see the views once seen by soldiers' eyes.

On December 15, 2007, a new Visitors Center was opened at the foot of Fort Negley. Here visitors can watch a film *The Fall of Nashville*, and use interactive exhibits to learn about the Fort and life in Nashville during the Union Occupation from 1862 – 1867. Visitors can also research their own Civil War ancestry with a computer link to the National Parks Service Soldiers and Sailors Database.

Center Hours:

Tuesday – Saturday
9:00 a.m. – 4:30 p.m.

615-862-8470

fortnegley@nashville.gov

All programs are free. The gates of Fort Negley are open daily from Dawn to Dusk, and is accessible even when the Visitors Center is closed.

DISCOVER CIVIL WAR NASHVILLE

Colorful historic characters invade Fort Negley! Bring a chair or a blanket and watch as actors bring to life some real citizens from the Civil War Era. Saturdays in September. 11:00 a.m. – 1:00 p.m. September 6: Meet Rachael Carter Craighead ~ a proud Nashville resident. September 13: Meet Susie King Taylor, laundress for the 33rd United States Colored Troops. September 20: Meet Sgt. John Hill Ferguson, 10th Illinois infantry garrisoned at Fort Negley.

FRIGHT NIGHTS

Encounter the "strange but true" side of Civil War Nashville as sinister historic characters step out from the dark crevices of the fort. Who knows what lies beyond the next corner? All ages, but parents are required! Friday, October 10 and October 24. Tours begin at 6:00 p.m. The last tour begins at 8:00 p.m.. Bring a flashlight!

HIKE, BIKE, & STROLL HISTORY

Get active with history on Saturday, October 18 at 9:30 a.m.! This guided tour (Fort Negley's version of a Triathlon) begins with a hike to the Fort. Then we will bike to the Nashville Old City Cemetery and stroll through this historic landmark. Bikes are not provided. Ages 9 – Adult. Reservations are recommended.



MUSIC AT THE FORT

Get connected to musical history by joining the Grand Old Dulcimer Club or the Nashville Old Time String Band Association meetings. All are free and open to all ages and abilities. Grand Old Dulcimer Club jams for fall will be Sundays: September 21, October 19, November 16, and December 21 from 2:00 – 5:00 p.m.

Learn more at:

www.grandolddulcimerclub.org

The String Band will hold fall jams from 6:30 – 8:30 p.m. on September 4 & 18, October 2 & 16, November 6 & 20, and December 4 & 18.

Learn more at:

www.nashvilleoldtime.org.



GARRISON DAY

Saturday, November 8 from 9:00 a.m. until dusk over thirty Civil War Authentic Campagners will transform Fort Negley into an authentic military camp! Visitors will witness the posting of the guards, company drills, work details, and see period weaponry in this soldiers' encampment. Civilian reenactors will maintain a field kitchen. Free.

BATTLE OF NASHVILLE ANNIVERSARY

December 15 and 16 mark the 144th anniversary of the Battle of Nashville. Check the Fort Negley web site for updates on planned activities.



Educational Programming

CIVIL WAR ADVENTURES

Children take center stage at Fort Negley on Friday mornings and afternoons in September and November. Play games, solve puzzles, hear stories, and explore Nashville's Civil War treasure - Fort Negley. 10:00 - 11:30 am ages 4 -5 Preschool, 3:00 - 4:30 pm Ages 6 - 10 Elementary. Please call for reservations.

SCOUT PROGRAMS

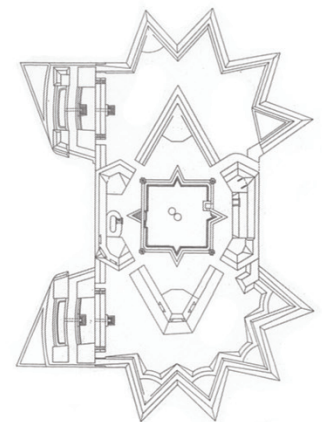
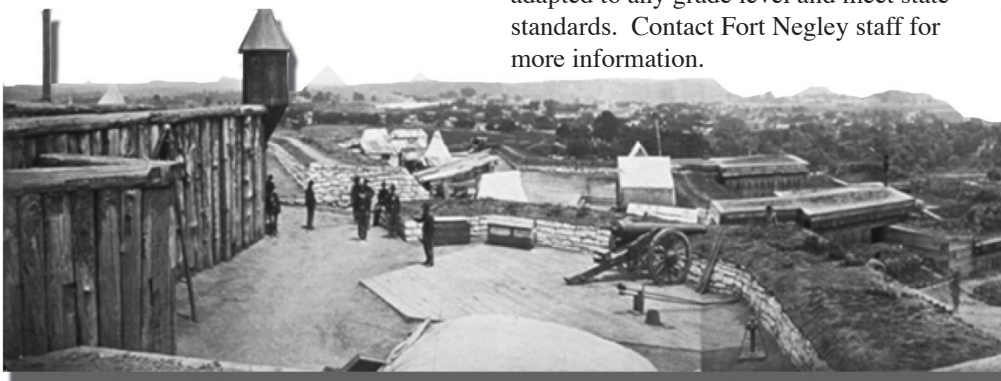
Get involved with Nashville's history, have fun, and earn the Fort Negley Scout patch! Requirements are based on all Scout levels, so everyone can participate. Activities include completing a scavenger hunt, attending a living history re-enactment, and helping with outdoor chores or programs at Fort Negley. Contact the Fort Negley staff for information on how to participate.

SCHOOL PROGRAMS

Students can learn about Nashville's Civil War past with a field trip to Fort Negley and corresponding lesson plans. Tours can be adapted to any grade level and meet state standards. Contact Fort Negley staff for more information.

FORT NEGLEY 20TH CENTURY HISTORY PROJECT

Following the opening of the Visitors Center in December, 2007, people have stopped by with stories about the Fort's history. Whether it was visiting the reconstructed Fort in the 1940s or playing in the ruins as a child in the 1970s, we want to hear your stories. In only a few minutes, we can record and archive your account for future generations. Photographs of Fort Negley for duplication are also desired. To set an appointment, contact the Fort Negley staff.



Seniors

Special Programs

Metro Parks' Senior Program provides programs and activities specifically designed for those who are 55 years of age and older. Three designated senior sites - East, Elizabeth, and Hadley, and 10 satellites programs in neighborhood centers provide a variety of programs including visual arts, dance, crafts, and other recreational pursuits.

Metro Parks and the city's Department of Social Services partner to help Nashville residents meet the challenges of a new day. The partnership provides direct services to extended families and people who are elderly, disabled or homeless. Services offered include: Adult & Family Support Services, Information and Referral Services, Grief Counseling, Adult Homemaker Program, Burial Assistance, Relative Caregiver Assistance and Homeless Services.



In addition, Metro Transit Authority (MTA) Access Ride provides transportation for seniors 60 and over Monday - Friday to meal sites, medical appointments and other important destinations. The program also makes provisions to transport large groups to entertainment and educational venues.

The Senior Dining program offers a noon meal each Monday thru Friday, in a group setting. This service also provides participants the opportunity for interaction with other seniors. A variety of additional activities are available. The program is available to persons age 60 and over and their spouses, regardless of their age. Although there is no charge for meals, the nutrition program encourages donations.

Other partners include: Health Springs Outreach program, Metro Health Department, Nashville Transit Authority and AARP & Tennessee Senior Games.



Dance Program

Senior Dance Clubs are offered through the Senior Program. These clubs not only give seniors another opportunity to fellowship with other seniors as they practice and develop new dance routines, it is also an excellent source for cardio/pulmonary exercise. Our dance clubs have grown in popularity and are often called on to perform throughout the city for events ranging from grand openings of new facilities to performing at schools, theaters, cultural celebrations, and more. Several community centers are in the process of forming their own dance clubs and any senior interested in the Dance Clubs should call 862-8424.

Senior Center Locations

East Community Center
700 Woodland Street
862-8448

Elizabeth Senior Center
1701 Arthur Ave.
862-8449

Hadley Regional Center
1037 28th Ave. North
862-8451

Tennessee Senior Olympic Games

The Tennessee Senior Games is a special event for senior adults age 50 and older that combines a wide range of competitive events. The mission of the Tennessee Senior Games is to promote healthy lifestyles for seniors through fitness, sports, and an active involvement in life.

Training and practice sessions are ongoing. Those seniors who are not members of one of the Parks' senior sites but would like to participate are encouraged to call one of the sites listed for additional information on dates, times and locations. Activities offered include: Shuffleboard (singles & doubles), Table Tennis, Basketball Free Throw shooting, and 3 on 3 Basketball, 5 on 5 Basketball, Swimming, Track & Field, Golf, and Softball & Volleyball.



CLASS	AGE	DAY	TIME	FEE	INSTRUCTOR
ANTIOCH COMMUNITY CENTER					
Gym Walking	Senior	M/W/Th	9:00 a.m. - 10:00 a.m.	NC	K. Soleye
Art Beginning	Senior	Mon.	9:00 a.m. - 12:00 p.m.	\$45/NC/8wks	L. Mitchell
Painting	Adult/Senior	Mon.	9:30 a.m. - 1:00 p.m.	\$45/NC/14 wks	L. Mitchell
Chair/Floor Ex.	Senior	Mon.	11:00 a.m. - 12:00 p.m.	NC	K. Soleye
Card Games	Senior	Mon.	12:00 p.m. - 1:00 p.m.	NC	K. Soleye
Line Dance	Senior	Wed.	11:00 a.m. - 12:00 p.m.	NC	K. Soleye
Bingo	Senior	Thurs.	11:00 a.m. - 12:30 p.m.	NC	K. Soleye
Ceramics	Senior	Thurs.	1:00 p.m. - 4:00 p.m.	NC	W. Dodson

CLASS	AGE	DAY	TIME	FEE	INSTRUCTOR
BELLEVUE COMMUNITY CENTER					
Bingo	Adult/Senior	Mon.	4:00 p.m. - 5:00 p.m.	NC	Staff
Table Games	Adult/Senior	Tues.	11:00 a.m. - 2:00 p.m.	NC	Staff
Table Games	Adult/Senior	Wed.	9:30 a.m. - 1:00 p.m.	NC	Staff
Social Dancing	Adult/Senior	Wed.	5:00 p.m. - 6:15 p.m.	NC	R. Divine
Bridge	Adult/Senior	Thurs.	9:30 a.m. - 2:30 p.m.	NC	Senior
MahJong	Adult/Senior	Fri.	9:30 a.m. - 12:30 p.m.	NC	Senior
*Sportsplex fees are \$3 per class					
CLEVELAND COMMUNITY CENTER					
Senior Fun Day	Senior	Wed.	9:30 a.m. - 2:00 p.	NC/14 wks	A. Betty
COLEMAN COMMUNITY CENTER					
Senior Fun Day	Senior	Thurs.	9:00 a.m. - 2:00 p.m.	NC/14 wks	J. Small
EAST COMMUNITY CENTER					
Coffee & Conversation	Senior	M - F	8:00 a.m. - 8:45 a.m.	NC	D. Wright
Fit Club	Senior	M - F	8:00 a.m. - 11:00 a.m.	NC	J. Smith
Water Exercise	Senior	M - F	9:00 a.m. - 10:00 a.m.	NC	Staff
Seniorcize	Senior	M - F	9:30 a.m. - 10:00 a.m.	NC	J. Smith
Walking Club	Senior	M - F	9:30 a.m. - 10:30 a.m.	NC	J. London
Senior Dining	Senior	M - F	11:00 a.m. - 12:00 p.m.	NC	Staff
Mid-Day Walk	Senior	M - F	12:00 p.m. - 12:30 p.m.	NC	J. Smith Ce-
ramics	Senior	Mon.	8:30 a.m. - 3:30 p.m.	NC	W. Dodson
Remember This	Senior	Mon.	10:00 a.m. - 11:00 a.m.	NC	J. Smith
Bingo	Senior	Mon.	12:00 p.m. - 1:00 p.m.	NC	J. London
Current Events	Senior	M/W	10:00 a.m. - 11:00 a.m.	NC	J. London
Painting	Senior	Tues.	8:30 a.m. - 3:30 p.m.	NC	W. Dodson
Yoga	Senior	Tues.	9:00 a.m. - 10:00 a.m.	NC	Kellen
Chair Exercise	Senior	Tues.	9:00 a.m. - 9:45 a.m.	NC	J. Smith
Shuffleboard	Senior	Tu/Th.	10:00 a.m. - 11:00 a.m.	NC	J. London
Faces Features	Adult/Senior	Wed.	10:00 a.m. - 1:00 p.m.	NC/14 wks	R. Epps
Card Game Mania	Senior	Wed.	1:00 p.m. - 2:30 p.m.	NC	London/Smith
Fishing	Senior	Wed.	9:00 a.m. - 9:45 a.m.	NC	J. Smith
		Thurs.	10:00 a.m. - 11:00 a.m.	NC	J. Smith
Theatre	Senior	Thurs.	10:00 a.m. - 11:00 a.m.	NC	C. German
Senior Talent	Senior	Thurs.	10:00 p.m. - 11:00 a.m.	NC	J. London
Computer Class	Senior	Thurs.	1:00 p.m. - 2:00 p.m.	NC	J. London
Bowling (off site)	Senior	Fri.	10:00 a.m. - 1:00 p.m.	NC	J. London
HARTMAN COMMUNITY CENTER					
Ceramics	Adult/Senior	Thurs.	9:00 a.m. - 2:00 p.m.	\$45/NC/14 wks	A. Betty
MORGAN COMMUNITY CENTER					
Ceramics	Adult/Senior	Tues.	9:00 a.m. - 3:00 p.m.	\$45/NC/14 wks	A. Betty
SHELBY COMMUNITY CENTER					
Ceramics (AT) (M)	Adult/Senior	Wed.	9:00 a.m. - 2:30 p.m.	\$45/NC/14 wks	J. Small



Metro Parks operates 23 community centers throughout the city. These facilities provide a wide range of programs and services to all members of the community.

Program Activities

The program at each community center is built around a core set of activity types including competitive youth sports, organized games, cultural arts, environmental awareness and fitness. Youth sports include softball, track and field, tennis, basketball, volleyball, soccer and flag football. Games such as table tennis, billiards, roller skating, relay races and table games are also part of all programs.

Offerings in the area of cultural arts include dance, drawing, music, drama and multi-cultural events. Environmental awareness is focused on through the Outdoor Environmental Recreation program, "People Exploring Nature" summer camp as well as Boy and Girl Scouting programs. Each program also emphasizes fitness through group exercise classes, walking/hiking groups, and weight training. Children also have opportunities to participate in special off-site fieldtrips, sports leagues and other activities that are planned at each of the community centers throughout the summer.

Participant Expectations

Children are expected to conduct themselves in a respectful manner, follow directions from staff and adhere to all park and community center rules. Unruly children can be expelled from the program and the center.

Neighborhood Centers

Antioch

5023 Blue Hole Road
315-9363

Bellevue

656 Collice Jean Road
862-8435

Cleveland

North 6th St.
at Vernon Winfrey
862-8444

Coleman

384 Thompson Lane
at Nolensville Rd.
862-8445

Easley Center

at Rose Park
1000 Edgehill Ave.
862-8465

East

700 Woodland St.
862-8448

Hadley

1037 28th Ave. North
862-8451

Hartman Park

2801 Tucker Rd.
862-8479

Hermitage

3720 James Kay Lane
316-0843

Kirkpatrick

620 South 9th St.
862-8453

Looby

2301 Metro Center Blvd.
862-8454

Madison

510 N. Dupont Ave.
862-8459

McCabe

101 46th Ave. North
862-8457

McFerrin

315 Berry Street
862-8458

Morgan

411 Hume Street
862-8462

Napier

73 Fairfield Ave.
256-4474

Parkwood

3220 Vailview Dr.
862-8495

Sevier

3021 Lealand Lane
862-8466

Shelby

South 20th St.
862-8467

South Inglewood

1625 Rebecca Street
862-8452

Watkins

616 17th Ave. North
862-8468

West

6105 Morrow Rd
862-8469

Operating Hours

The summer program for school-aged children operates Monday through Friday, from 9:00 am until 4:00 pm. Adults and older teens participate in open play periods later in the afternoon.

Metro Parks and Recreation has offered a year round supervised program for individuals with disabilities for more than 35 years. A dedicated staff plans and implements a variety of activities using parks' community centers and various other facilities in the community. Throughout the year we offer an adult day program and also organize monthly weekend activities for all ages

Hartman Adult Day Program

Our fall and winter activities begin on Thursday, September 4 at Hartman Regional Community Center located at 2801 Tucker Road. These structured activities on Tuesdays and Thursdays include walking, games, music, sports training, art, rhythmic gymnastics, yoga, and swimming! Our assigned swimming time is on Thursday mornings from 9:00 – 10:30 at the indoor pool at Hartman. It is recreational swimming with laps available for competitive training. Companions are required for non-swimmers.



This year Hartman will be one of the pilot sites of T.R.A.P. (The Rhythmic Arts Project) through a grant from Sports4All Foundation. The dates and times for this pilot are not yet established.

Program hours on Tuesdays and Thursdays are from 8:30 a.m. to 3:30 p.m. through December 17.



Drop-in Wednesdays

A less structured day of activities that begins on September 10 from 9:00 a.m. – 2:00 p.m.

These programs at Hartman are free programs to those with disabilities and their companions. Monthly schedules with detailed information will be available upon request.

A seasonal registration is required for all participation. Applications are available on-site, by fax or online. Call 862-8479 x24 for additional information.

Metro Parks' Bowling League

This league is scheduled for Tuesdays from 3:00 – 4:45 p.m. at PlaMor Lanes on Foster Creighton Avenue. This adult league currently has 95 bowlers and maintains a waiting list for those interested. The cost for the league \$40.00 is paid in advance for each 10 week half. The league begins on September 9. Registration is required.

Super Saturday Bowling

This program is scheduled for the first Saturday of each month beginning on September 6 at PlaMor Bowling Lanes from 10:00 a.m. – 12:00 p.m. The cost is \$3.00 which includes two games and shoe rental.

TORA - Teens Outdoor Recreational Adventures

A variety of outdoor activities and experiences are scheduled quarterly for those interested.

PHONE 862-8479

E-MAIL: mpdisabilities@hotmail.com

Metro does not discriminate on the basis of age, race, sex, color, national origin, religion, or disability in admission to, access to, or operations of its programs, services, or activities. For accessibility inquiries, call 862-8400.





Warner Park Nature Center

Get Outside!

The weather is getting cooler, the skies are getting bluer and the colors are getting ready to turn. Autumn has arrived in Nashville! Don't be left inside - get out this fall and enjoy nature and the outdoors in one of the large natural area parks in Nashville's Metro Parks. With the 2684 acre Warner Park, 810 acre Shelby Bottoms, 808 acre Bells Bend Park, and 1500 acre Beaman Park there's nature for everyone. Take a hike, pack a picnic, or sign up for a fun nature program. Start your exploration off right with a visit to one the nature centers located in each Park. For more information see www.nashville.gov/parks/nature.

- Warner Park Nature Center
- Shelby Bottoms Nature Center
- Bells Bend Outdoor Center
- Beaman Park Nature Center



Fall is a great time to visit the Parks for a hike through the colorful forest, a Friday night of bluegrass music, an astronomy program to watch meteors, or simply enjoying cooler temperatures and the change of season. This year the Warner Park Nature Center will celebrate its 35th birthday with a History Festival on October 25. For information about the Warner Park Nature Center or to register for a program please call 352-6299. For a full calendar of events visit our website: www.nashville.gov/parks/wpnc/.

Full Moon Pickin' Party

Friday, September 12

Age level: All ages

Come to the barn for an evening of bluegrass music benefiting the Friends of Warner Parks.

Celebrate Autumn!

Saturday, October 18

Age level: All ages

Learn your trees by bark, fruit, and colorful leaf and experience the colors of fall through crafts at the Nature Center. Programs and activities will be scheduled throughout the day for families, adults and children.

The Whooping Cranes of Bells Bend

Tuesday, October 21

Age level: Adults

Two endangered whooping cranes were spotted at Bells Bend Park last winter. Learn about their incredible lives, journeys and the group that supports them, "Operation Migration".

History Festival

Saturday, October 25

Age level: All ages

The Nature Center is 35 years old! Celebrate with hands on games, activities, crafts and demonstrations celebrating the history of the Park.

Fall Star Party

Saturday, December 13

Age level: All ages

Join naturalists and astronomers for a look at planets, meteors, and other astronomical wonders.

Winter Songs and Stories

Friday, December 19

Age level: All ages

Enjoy a cozy fire, cookies, and cocoa as we share songs and stories of the winter season.

Warner Park Nature Center
7311 Hwy 100
Nashville, TN 37221
615-352-6299
wpnc@nashville.gov
www.nashville.gov/parks/wpnc

Nature Centers Get "Green" Honor

Metro Nashville Parks "Green" Nature Centers received the 2008 Governor's Environmental Stewardship Award in the Green Building Category on 22 May. Metro Parks developed and built three new nature centers that include sustainable building and design techniques - Shelby Bottoms Greenway, Beaman Park and Bells Bend Park. There were more than 25 sustainable features designed into each center, focusing on site sustainability, water-use efficiency, energy consumption and atmospheric impact, use of materials and resources, indoor air quality and design innovation.

Some features include a green roof, rain-chains, rain catch basins, solar shades, electricity generation utilizing photovoltaic cells, geothermal heat pumps and pervious concrete sidewalks. Stop by one of the centers and ask for a "Green Tour" of the building, see all the sustainable features, and learn things you can do to make your home greener.



Shelby Bottoms Nature Center

Fall is in the air and fun is at Shelby Bottoms Nature Center! Many exciting fall programs are in store for our first Fall season! Learn how animals prepare for winter. Discover the wonders of bird and butterfly migration. Take a hike to experience the beauty of fall wildflowers. Hone your gardening skills by helping out in the fall garden. Listen in the dark as we prowl for owls on a cool fall evening. And don't forget the harvest moon: we'll learn all about it and other heavenly bodies during our fall Star Parties. So much to do, but don't forget to relax! Come sit on the Riverview Porch at the nature center, watch the river flow gently by and revel in the beauty of season!

For more information about Shelby Bottoms Nature Center or to register for programs please call 862-8539.

For a current calendar of events visit our website at: www.nashville.gov/parks/sbnc. You can receive our monthly calendar by emailing us.

Shelby Bottoms Nature Center

1900 Davidson Street
Nashville, TN 37206
615-862-8539

shelbybottomsnature@nashville.gov
www.nashville.gov/parks/nature

Bells Bend Outdoor Center

Nashville's third nature center opened on June 7. Visit this 808 acre site along the Cumberland River for hiking, fishing, viewing wildlife and plants, and more. The site is rich in history dating from the earliest Paleo hunters and Civil War history to the more recent agricultural land use. Many species of birds, mammals, reptiles, wildflowers, and trees can be seen including turkey, deer, orioles, turtles, and hawks.

The park is open every day from dawn to dusk and features over 4 miles of hiking trails. The center is open Tuesday, Thursday, and Saturday and other times by appointment. Features of the center include silo, classroom, library, and various displays. A variety of programs will be offered this fall. These include outdoor recreation opportunities such as low impact camping techniques training, wilderness first aid, children's wilderness awareness activities, various hikes for all ages, archaeology, flora, and caving. Call for more information.

Bells Bend Outdoor Center

4187 Old Hickory Blvd.
Nashville, TN 37218
615-862-4187
bellsbend@nashville.gov
www.nashville.gov/parks/nature



Beaman Park Nature Center

The Beaman Park Nature Center is fourth in the network of centers across the county and is scheduled to open late summer or early fall. Located just off Old Hickory Boulevard near Eaton's Creek Road, the center is a tree house in the woods with a great back porch overlooking the forest. Friends of Beaman Park has built a new trail that will connect the nature center campus to the existing trail system in Henry Hollow. For more information about programs and trails, please see the website at www.nashville.gov/parks/nature.

Beaman Park Nature Center

5911 Old Hickory Blvd.
Ashland City, TN 37015
615-862-8538
beamanpark@nashville.gov
www.nashville.gov/parks/nature

**Sign Up
Today
For
Classes!**

The Centennial Sportsplex offers a variety of affordable classes, many at convenient times like before work, at lunchtime and in the evening.

Fitness Classes

Join these popular classes for a quick workout or as part of your planned routine. Classes like Rope Burn ("boxers" jump rope workout), Self Defense, Pilates, and Step Class are offered- along with Yoga, and PIYO, which is a combination of Yoga and Pilates. Find a day and a time that work for you.

Aquatic Classes

You don't even need to know how to swim to enjoy these classes! Hit the Sunrise Splash early in the morning or the Sports Splash in the evening. Or take advantage of the indoor comfort and water temperature that meets the American Arthritis Foundation's requirements for therapeutic relief. If you enjoy the water there's a class for you!



MEMBERSHIPS

Enjoy a Daily Visit, or join the Sportsplex with a membership! Membership includes access to public skating, swimming, fitness classes and outdoor tennis. Spouse & Children's discount memberships available!

Lifeguard Training

The Sportsplex has long been a great place to get training to be a lifeguard- to work both private and Metro facilities. Find out about how you can train for a job as a lifeguard with Metro Parks Red Cross certified classes.

Learn to Ice Skate

Join a series of ice skating classes! Classes offered year-round. Regardless of your skill level or age, there's an ice skating class for you! Join the fun. Sign up today!

Tennis Clinics

The Centennial Tennis Center offers adult and junior clinics and league play on a year round basis. Call for more information at 862-8490 or go on line.

For scheduling information visit our website.

(Adjacent to Centennial Park)
222 25th Avenue North
Nashville, TN 37203
(615) 862-8480

www.centennialsportsplex.com



MEMBERSHIP SPECIALS

June: 6 month pass \$160 / \$176*
July: 1 month pass \$39/ \$44*
August : 10 visit pass \$40 / \$44*
September: 3 month pass / \$99 / \$110*
(*non Davidson County Resident cost)



\$2.00 Off Admission to Ice Skating

Not to be used with other offers.
Skate rental not included
expires December 1, 2008



Adult and Youth Sports Activities

Summer 2008

Metro Parks and Recreation's Sports Division offers organized leagues in a variety of sports for adults and youth including: softball, volleyball, and soccer. Metro Parks has over 87 softball and baseball fields, and 41 soccer fields including Metro Soccer Complex, Rhodes, Heartland, and Harpeth.

Youth Sports are offered in each of the Metro Parks Community Centers. Competitive youth leagues are organized for basketball, flag football, volleyball, soccer, tennis, golf, and many other sports. There is no charge for participation in Youth Sports Leagues through the community centers.

Contact your nearest Metro Parks Community Center or call the sports office for more information at (615) 862-8424 ext. 345.

Dottie Hale, Superintendent of Sports
Thomas Floyd, Sports Supervisor



August

- Adult City Softball Tournaments continue
- Youth Flag Football Organizational Meeting & Clinic
Ages: 9 – 11 yrs, 12 – 14 yrs
1:30 p.m. Centennial Park Office
- Flag Football begins play

September

- Backfield in Motion Football begins
First week in September
- Adult Fall Volleyball Begins
- Adult Basketball Sign-ups
- Punt, Pass, Kick Competition
- Youth basketball sign-ups
- Basketball Officials' Clinic
Last Monday in September

October

- Youth Basketball Sign-ups
Ages 4 – 6 yrs
Ages 10 – 12 yrs
Ages 7 – 9 yrs
Ages 13 – 15 yrs
- Recreation Staff Training - Basketball
- Women's Volleyball League Sign-ups
- Adult Basketball Leagues Begin –
Men & Women

November

- Staff Indoor Soccer clinic

December

- 1st - 5th Indoor Soccer sign-ups
Ages 6 – 8 yrs, 9 - 12 & 13 – 16 yrs
West, Madison, Coleman, Cleveland & Bellevue



